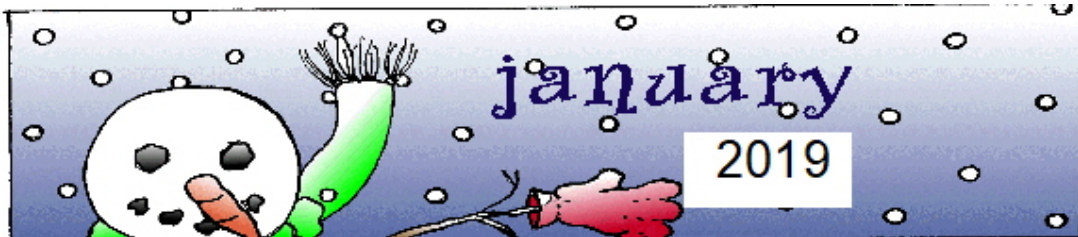


MONTICELLO
ACADEMY
Lunch Menu
JANUARY 2019



LUNCH MEAL PRICES

DECEMBER 2018:

DAILY 1-8	\$2.40
MONTHLY	\$43.20
REDUCED	\$.40
MONTHLY	\$ 7.20
MILK, VARIETIES	\$.45
ADULTS	\$3.50

This Institution is an equal opportunity provider

Menu Subject To Change Without Notice

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
	1 NO SCHOOL SCHEDULED WINTER BREAK	2 NO SCHOOL SCHEDULED WINTER BREAK	3 NO SCHOOL SCHEDULED WINTER BREAK	4 NO SCHOOL SCHEDULED WINTER BREAK	
7 <u>CHICKEN NUGGETS</u> W/BBO SAUCE MASHED POTATOES W/GRAVY PEACHES CELERY STICKS MILK - Variety	8 <u>SPAGHETTI AND MEAT SAUCE</u> CARROT STICKS APRICOTS BREADSTICK MILK - Variety	9 <u>SAUSAGE, PANCAKE ON A STICK</u> MAPLE SYRUP'S TATER TOTS BECKY'S MIXED FRUIT CELERY STICKS MILK - Variety	10 <u>CHEESE PIZZA RIPPERS</u> SALAD W/RANCH Ranch Dressing PINEAPPLE CHUNKS GO-GURT YOGURT MILK - Variety	11 <u>TURKEY W/CHEESE SANDWICH</u> APPLESAUCE POTATO CHIPS-BAKED LAYS LETTUCE,TOMATO & PICKLE SUGAR COOKIES MILK - Variety	Cal 870 T.Fat 32.09 G S.Fat 9.5 G Chol 78.2 Mg Sodm 1393.30 Mg Carb 114.98 G Fiber 10.0 G Prtn 35.09 G
14 <u>CORN DOG</u> W/Fry Sauce POTATO WEDGES W/KETCHUP CARROT STICKS PEACHES MILK - Variety	15 <u>CRISPY CHICKEN SANDWICH</u> LETTUCE,TOMATO & PICKLE FRENCH FRIES MANDARIN ORANGES MILK - Variety	16 <u>WAFFLES AND CHICKEN</u> MAPLE SYRUP HASH BROWN'S BECKY'S MIXED FRUIT CELERY STICKS MILK - Variety	17 <u>CHEESE PIZZA</u> SALAD W/RANCH Ranch Dressing PINEAPPLE CHUNKS GO-GURT YOGURT MILK - Variety	18 <u>TURKEY & ROASTBEEF W/CHEESE SANDWICH</u> APPLESAUCE POTATO CHIPS-BAKED LAYS LETTUCE,TOMATO & PICKLE SUGAR COOKIES MILK - Variety	Cal 982 T.Fat 43.21 G S.Fat 11.2 G Chol 81.3 Mg Sodm 1731.50 Mg Carb 119.20 G Fiber 8.8 G Prtn 31.71 G
21 NO SCHOOL SCHEDULED MARTIN LUTHER KING JR. DAY	22 <u>CHICKEN NUGGETS</u> W/BBO SAUCE MASHED POTATOES W/GRAVY PEACHES CELERY STICKS MILK - Variety	23 <u>PANCAKE SANDWICH</u> W/TURKEY SAUSAGE MAPLE SYRUP FRUIT COCKTAIL FINGER VEGGIES HASHBROWNS MILK - Variety	24 <u>CHEESE PIZZA RIPPERS</u> SALAD W/RANCH Ranch Dressing PINEAPPLE CHUNKS GO-GURT YOGURT MILK - Variety	25 <u>ITALIAN HOAGIE</u> (Ham, Pepperoni, Salami, Turkey, Cheese) APPLESAUCE POTATO CHIPS-BAKED LAYS LETTUCE,TOMATO & PICKLE SUGAR COOKIES	Cal 913 T.Fat 34.35 G S.Fat 10.1 G Chol 111.8 Mg Sodm 1398.73 Mg Carb 120.85 G Fiber 8.8 G Prtn 36.09 G
28 <u>GIANT HOT DOG</u> CARROT STICKS SLICED APPLES SHOESTRING FRENCH FRIES MILK - Variety	29 <u>FRITO PIE</u> CHILI on Corn Chips CORNBREAD W/HONEYBUTTER CARROT STICKS APRICOTS MILK - Variety	30 <u>BREAKFAST BURRITO</u> (EGG, HAM & CHEESE) HASH BROWNS FRESH FRUIT MIX CARROT STICKS MILK - Variety	31 <u>CHEESE PIZZA</u> SALAD W/RANCH Ranch Dressing PINEAPPLE CHUNKS GO-GURT YOGURT MILK - Variety		Cal 852 T.Fat 18.25 G S.Fat 6.8 G Chol 51.5 Mg Sodm 774.98 Mg Carb 100.81 G Fiber 9.2 G Prtn 24.01 G

