

**MONTICELLO
ACADEMY**
Lunch Menu

September 2017



Menu Subject To Change Without Notice

High School Choice Menu

High School Daily Entree Choice (Students can choose between the daily hot entree) or a choice between;
2 other entree's that will be available on a daily basis. Entree's will be determined based on the daily entree that is being served school wide.

Limited Availability Daily
alternate choices daily are Pizza, Nachos, or Chef or Mixed Berry Salad w/dressing. This is subject to change!

Lunch Meal Prices:

SEPTEMBER 2017:
\$ 2.30 1st THROUGH 6th
\$ 43.70 FULL MONTH
\$ 2.35 7th THROUGH 11th
\$ 44.65 FULL MONTH
\$.40 REDUCED LUNCH DAILY
\$ 8.55 FULL MONTH
\$.45 MILK, VARIETY & JUICES
\$3.50 ADULT LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
		USDA is an equal opportunity provider and Employer		1 <u>NACHOS WITH GROUND BEEF</u> SPANISH RICE REFRIED BEANS PEACHES SUGAR COOKIE MILK - Variety	Cal 978 T.Fat 31.97 G S.Fat 15.7 G Chol 165.9 Mg Sodm 1718.00 Mg Carb 134.86 G Fiber 10.7 G Prtn 43.05 G Iron 8.05 Mg
4 NO SCHOOL SCHEDULED LABOR DAY	5 <u>CHOW MEIN NOODLES</u> SWEET AND SOUR CHICKEN EGG ROLL MANDARIN ORANGES FORTUNE COOKIE MILK - Variety	6 <u>TURKEY & CHEESE HOAGIE</u> POTATO CHIPS FRUIT LETTUCE, TOMATO & PICKLE CHOCOLATE CHIP COOKIE MILK - Variety	7 <u>CHEESE PIZZA</u> SALAD W/DRESSING FRUIT GO-GURT YOGURT MILK - Variety	8 <u>CORN DOG</u> W/FRY SAUCE CURLY FRIES PEARS CARROT STICKS OATMEAL RAISIN COOKIE MILK - Variety	Cal 991 T.Fat 34.08 G S.Fat 8.5 G Chol 78.0 Mg Sodm 1640.92 Mg Carb 142.98 G Fiber 10.2 G Prtn 34.85 G Iron 7.06 Mg
11 <u>TACO SALAD</u> SPANISH RICE APRICOTS SUGAR COOKIES CORN MILK - Variety	12 <u>MACARONI & CHEESE</u> w/MEAT LOAF Macaroni & Cheese CELERY STICKS PEARS BREAD STICK MILK - Variety	13 <u>ITALIAN SUB SANDWICH</u> W/LETTUCE, TOMATO & PICKLE APPLES BBQ POTATO CHIPS SUGAR COOKIE MILK - Variety	14 <u>PEPPERONI PIZZA</u> SALAD W/DRESSING FRUIT GO-GURT YOGURT MILK - Variety	15 Brunch for Lunch <u>SAUSAGE, PANCAKE ON A STICK</u> MAPLE SYRUP TATER TOTS FRESH FRUIT CARROT STICKS MILK - Variety	Cal 930 T.Fat 32.12 G S.Fat 10.1 G Chol 84.8 Mg Sodm 1276.76 Mg Carb 133.51 G Fiber 11.2 G Prtn 33.27 G Iron 5.05 Mg
18 <u>BEEF SOFT ACO</u> REFRIED BEANS PEACHES CORN CHURRO MILK - Variety	19 <u>CHICKEN FETTUCINI ALFREDO</u> BREAD STICK CELERY STICKS PEACHES MILK - Variety	20 <u>HOT DOG</u> CARROT STICKS PEACHES WAFFLE CUT FRIES MILK - Variety	21 <u>CHEESE PIZZA</u> SALAD W/DRESSING FRUIT GO-GURT YOGURT MILK - Variety	22 <u>CHICKEN NUGGETS</u> W/BBQ SAUCE MASHED POTATOES W/GRAVY CELERY STICKS PEACHES CHOCOLATE CHIP COOKIE MILK - Variety	Cal 839 T.Fat 23.35 G S.Fat 9.0 G Chol 52.1 Mg Sodm 1507.18 Mg Carb 131.80 G Fiber 16.0 G Prtn 32.91 G Iron 8.30 Mg
25 <u>CRISPY CHICKEN SANDWICH</u> W/LETTUCE, TOMATO & PICKLE ONION RINGS MAYONNAISE PEACHES MILK - Variety	26 <u>SOFT BEAN & CHEESE BURRITO</u> CORN CELERY STICKS FRUIT COCKTAIL MILK - Variety	27 Brunch for Lunch <u>CHICKEN & WAFFLE</u> HASH BROWN POTATOES ORANGES CELERY STICKS MILK - Variety	28 <u>PEPPERONI PIZZA</u> SALAD W/DRESSING FRUIT GO-GURT YOGURT MILK - Variety	29 NO SCHOOL FOR STUDENTS	Cal 805 T.Fat 26.58 G S.Fat 7.1 G Chol 49.2 Mg Sodm 1134.98 Mg Carb 116.04 G Fiber 11.0 G Prtn 30.48 G Iron 41.00 Mg