

MONTICELLO
ACADEMY
Lunch Menu
October 2017



Menu Subject To Change Without Notice

Lunch Meal Prices:

October 2017:
\$ 2.30 1st THROUGH 6th
\$ 46.00 FULL MONTH
\$ 2.35 7th THROUGH 11th
\$ 47.00 FULL MONTH
\$.40 REDUCED LUNCH DAILY
\$ 8.00 FULL MONTH
\$.45 MILK, VARIETY & JUICES
\$3.50 ADULT LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients	
<p>2 <u>TAQUITO'S</u> REFRIED BEANS FRUIT SNICKER DOODLE COOKIE MILK - Variety</p>	<p>3 <u>BACON CHEESEBURGER</u> OR HAMBURGER LETTUCE & TOMATO FRUIT COCKTAIL FRENCH FRIES MILK - Variety</p>	<p>4 <u>CLUB SUB SANDWICH</u> (TURKEY, ROASTBEEF & CHEESE) STRAWBERRIES POTATO CHIPS-BAKED LAYS MAYONNAISE LETTUCE, TOMATO & PICKLE MILK - Variety</p>	<p>5 <u>CHEESE PIZZA</u> SALAD W/DRESSING PINEAPPLE CHUNKS GO-GURT YOGURT MILK - Variety</p>	<p>6 <u>CHILI CHEESE DOG</u> FRENCH FRIES CARROT STICKS MIXED FRUIT MILK - Variety</p>	<p>Cal 885 T.Fat 28.34 G S.Fat 8.2 G Chol 59.9 Mg Sodm 1348.40 Mg Carb 129.73 G Fiber 11.2 G Prtn 31.88 G Iron 4.77 Mg</p>	
<p>9 <u>FRITO PIE</u> CHILI ON CORN CHIPS CORNBREAD W/HONEYBUTTER CARROT STICKS APRICOTS MILK - Variety</p>	<p>10 <u>BEEFY MAC & CHEESE</u> GARLIC BREAD MIXED VEGETABLES PEACHES MILK - Variety</p>	<p>11 <u>GRILLED CHEESE SANDWICH</u> SUN CHIPS CARROTS WATERMELON, CHUNKS MILK - Variety</p>	<p>12 <u>PEPPERONI PIZZA</u> SALAD W/DRESSING PINEAPPLE CHUNKS GO-GURT YOGURT MILK - Variety</p>	<p>13 <u>MEAT BALL HOT POCKET</u> FRENCH FRIES ORANGES FRESH VEGETABLES MILK - Variety</p>	<p>Cal 825 T.Fat 23.48 G S.Fat 8.3 G Chol 72.7 Mg Sodm 1108.14 Mg Carb 124.12 G Fiber 12.0 G Prtn 34.11 G Iron 6.75 Mg</p>	
<p>16 <u>CHICKEN NUGGETS</u> W/BBQ SAUCE POTATO CHIPS PEACHES CELERY STICKS MILK - Variety</p>	<p>17 <u>CORN DOG</u> FRENCH FRIES PEARS CARROT STICKS MILK - Variety</p>	<p>18 <u>TURKEY W/CHEESE SANDWICH</u> FRUIT POTATO CHIPS-BAKED LAYS MAYONNAISE LETTUCE & TOMATO MILK - Variety</p>	<p>19 <u>FALL RECESS</u> <u>NO SCHOOL SCHEDULED</u></p>	<p>20 <u>FALL RECESS</u> <u>NO SCHOOL SCHEDULED</u></p>	<p>Cal 1021 T.Fat 38.78 G S.Fat 11.5 G Chol 108.5 Mg Sodm 1545.45 Mg Carb 141.71 G Fiber 10.8 G Prtn 33.41 G Iron 5.51 Mg</p>	
<p>23 <u>CHICKEN STRIPS</u> W/BBQ SAUCE DINNER ROLL SHOE STRING FRENCH FRIES CELERY STICKS PEACHES MILK - Variety</p>	<p>24 <u>BEEF STROGANOFF</u> BREAD STICK Stir Fry Vegetables PEARS MILK - Variety</p>	<p>25 <u>PHILLY CHEESE STEAK HOAGIE</u> POTATO CHIPS ORANGES CARROT STICKS MILK - Variety</p>	<p>26 <u>CHEESE PIZZA</u> SALAD W/DRESSING PINEAPPLE CHUNKS GO-GURT YOGURT MILK - Variety</p>	<p>27 <u>CRISP CHICKEN TACO</u> CORN WATERMELON CHUNKS Churros MILK - Variety</p>	<p>Cal 672 T.Fat 18.78 G S.Fat 8.9 G Chol 52.2 Mg Sodm 1107.80 Mg Carb 100.81 G Fiber 9.4 G Prtn 29.47 G Iron 4.04 Mg</p>	
<p>30 <u>CHICKEN POT PIE</u> SALAD W/RANCH FRUIT COCKTAIL CHOCOLATE CHIP COOKIES MILK - Variety</p>	<p>31 <u>CHICKEN BAT WINGS</u> FINGER POTATO WEDGES (RANCH FLAVORED) JACK-O-LANTERN SMILES (MANDARIN ORANGES) HALLOWEEN COOKIE MILK - Variety</p>	<p>USDA is an equal opportunity provider and Employer</p>			<p>High School Choice Menu High School Daily Entree Choice (Students can choose between the daily hot entree) or a choice between; 2 other entree's that will be available on a daily basis. Entree's will be determined based on the daily entree that is being served school wide.</p>	<p>Cal 35.42 G T.Fat 4.30 Mg</p> 